Missouri Health Sciences Psychology Consortium
ACCREDITATION STATUS

The pre-doctoral internship at the Missouri Health Sciences Psychology Consortium is accredited by the Commission on Accreditation of the American Psychological Association. We completed our most recent self-study and site visit process in 2012 and are fully accredited until our next site visit in 2019.

APPLICATION & SELECTION PROCEDURES

Application

The Missouri Health Sciences Psychology Consortium participates in the APPIC Match. Applicants obtain an Applicant Agreement Package from NMS and register for the match to apply to this program. This Applicant Agreement Package is available from NMS through the Matching Program Web Site: www.natmatch.com/psychint and from NMS at the following address:

National Matching Services Inc.
PO BOX 1208
Lewiston, NY 14092-8208
(716) 282 4013
Fax: (716) 282 0611

The Missouri Health Sciences Psychology Consortium requests applicants submit a completed APPIC application form, a curriculum vitae, official graduate school transcripts, and three letters of recommendation. **We ask that in your cover letter you specifically identify which of the above track(s) you are applying to and the rotations in which you are interested. This will assist us in having the appropriate sites review your application as well as assist in the interview process should you be invited for an interview.** Please follow APPIC rules regarding electronic submission of materials (including uploading of letters of reference, vitae, and transcripts).

The deadline for receipt of applications and supporting materials is November 1, 2016.

Selection

The MHSPC participates in the APPIC match program and our policies are congruent with those of the APPIC Match Policies. Specifically, the MHSPC agrees to abide by the APPIC policy that no person at this training facility will solicit, accept, or use any ranking-related information from any intern applicant. In
addition, results of the APPIC Match constitute binding agreements and all dates targeted by APPIC are honored.

The selection criteria of the MHSPC emphasize the goodness of fit between the candidate and this training program. Academic achievement, clinical work, research productivity, and constructive relationships with instructors prepare a candidate to function well in this setting. In addition, compatibility of the candidate's professional goals with the training experiences emphasized by the MHSPC results in a productive internship year.

Successful applicants to the Truman VA internship program have at least 150 individual therapy hours, have worked with at least 35 individual therapy clients, have at least 100 hours of individual clinical supervision, and have experience in psychological assessment and report writing. Many also have experience in hospital/VAMC settings.

Each year many more qualified applicants apply to this program than can be accepted. The MHSPC makes every effort to build the intern class with interns from a variety of training programs, differing backgrounds, diverse orientations, and different ages, backgrounds and life experiences. This commitment to diversity results in an enriched training opportunity for the internship class and reflects the MHSPC’s recognition and appreciation of differences among psychologists.

The Recruitment Committee, consisting of the site Training Directors, representatives from Truman VA, and representatives from UM-DHP, review all applications for eligibility. The Committee notifies each applicant regarding the status of their application by December 9, 2016 and invites all competitive candidates to participate in one of four day-long programs of interviews, scheduled on Fridays in January, 2017. Invited applicants will interview at one of the two core sites (consistent with their training preferences). The interview day consists of meetings with the Consortium Training Director and/or Associate Training Director, group meetings with core faculty, facility tours, and meetings with associated services. The day includes one-on-one interviews with faculty and an end-of-day gathering to meet faculty from both sites. The MHSPC encourages eligible candidates to participate in an interview day, both to permit the Committee to gain familiarity with the applicant, and to facilitate the applicant's familiarity with this training program. Because some candidates find travel prohibitive, the MHSPC offers phone interviews to qualified applicants. The MHSPC invites candidates to bring a photo of themselves or to permit a photo to be taken on the interview day. These photos help to solidify the memories of the interviewers and Recruitment Committee and are not used outside of the selection process. The Committee builds the Match List on the basis of the submitted applications and the candidates' interview experiences.

Eligibility

The Missouri Health Sciences Psychology Consortium is an APA-accredited Internship site. Doctoral students in APA accredited clinical or counseling psychology programs who have completed at least 750 total hours of applied psychological training experience (defined as total of individual therapy, assessment, supervision, and support hours) and have the approval of their program's Training Director are eligible to apply. In addition, eligible candidates have completed all coursework required for the doctoral degree as well as the major qualifying, comprehensive, or preliminary doctoral examinations prior to the internship year. Stronger candidates likely have completed, or nearly completed, their doctoral dissertations. As an equal opportunity training program, the MHSPC welcomes and strongly encourages applications from all qualified candidates, regardless of gender, age, racial, ethnic, sexual orientation, disability or other minority status. To confirm APA accreditation status, you may contact the APA as shown below:
Individuals matching to either Truman VA or UM-DHP must satisfy additional screening measures as a function of employment by the respective institutions. These may include certification of citizenship (VA only), background checks, and drug screenings. While a drug screen is not required prior to starting the position, all employees are subject to random drug screening. Individuals who do not satisfy these additional screens will not be eligible for appointment to the MHSPC internship, regardless of match status.

**Important Dates:**

- **Application Due Date:** November 1, 2016
- **Notification Date:** no later than December 9, 2016
- **Interview Dates:** January 6, January 13, January 20, or January 27, 2017.

**Stipends & Benefits**

The Missouri Health Sciences Psychology Consortium offers a full time (not less than 40 hours/week), one-year appointment beginning on July 1 and ending on June 30. Interns accrue one full year (at least 2080 hours) of supervised psychological training experience. Unpaid, part-time, and mid-year positions are not available.

Both Truman VA and UM-DHP provide malpractice coverage, insurance benefits, parking, and access to Truman VA and University of Missouri Medical libraries. Federal and University holidays are scheduled, and interns access these in accordance with their funding sites.

Truman VA offers funding and health insurance options allocated by the Department of Veterans Affairs. The annual stipend is currently $24,014, paid in biweekly installments. In addition, Truman VA employees accrue annual and sick leave hours with each pay period. The amount accrued varies with length of federal employment, and annual leave typically amounts to 4 hours of annual leave per pay period. Additional training time may be required with excessive absence. Interns receive authorized paid educational leave as deemed appropriate for professional activities.

UM-DHP offers funding allocated by the Department of Health Psychology and this amount is determined prior to recruitment. The intern is also eligible to participate in all the fringe benefits of the University of Missouri-Columbia such as medical, dental, life insurance, disability, and retirement. The current annual stipend is $28,352. Stipends are paid in monthly installments, and four weeks of vacation leave is provided. Sick leave is allowed as needed. Additional training time may be required with excessive illness. Interns complete academic pursuits during vacation time and additional leave is authorized for attendance at professional conferences.

**PSYCHOLOGY SETTING**

**Core Sites**

**Harry S. Truman Memorial Veterans' Hospital**
http://www.columbiamo.va.gov/

Andrew J. Darchuk, Ph.D., LP
Training Director
Andrew.Darchuk@va.gov
Truman VA is a full service medical center that provides inpatient and outpatient care to a diverse range of eligible veterans from mid-Missouri in the areas of medicine, surgery, behavioral health, neurology and physical medicine and rehabilitation. Over 38,000 individual veterans receive health care services at Truman VA and more than 444,000 outpatient visits occur each year.

Truman VA's strong commitment to training is demonstrated across multiple professional disciplines, including our psychology internship program, a psychology postdoctoral fellowship program, psychology graduate-level practicum opportunities, and graduate-level social work practicum opportunities, as well as medical residency programs in anesthesiology, internal medicine, orthopedics, pathology, psychiatry, rehabilitation medicine, and surgery. These programs are supported by connections with the University of Missouri, including shared instructors, trainees, and educational opportunities as well as geographic proximity and an underground tunnel connecting Truman VA with University Hospital.

The Behavioral Health Service (BH), under the leadership of service chief Cheryl Hemme, M.D., consists of psychologists, psychology technicians, social workers, psychiatrists, nurses, rehabilitation specialists, suicide prevention specialists, peer support specialists, and vocational rehabilitation specialists. Our staff of 18 psychologists in BH have interests in emotional health and illness, behavioral medicine, posttraumatic stress disorder, addictions, crisis intervention, geropsychology, pain management, neuropsychology, rehabilitation psychology, primary care/mental health integration, and research. Our staff includes board certified psychologists in the areas of Clinical Neuropsychology, Geropsychology, Clinical Health Psychology, and Rehabilitation Psychology. Psychometricians administer, on request, a wide variety of psychological instruments, including both personality and cognitive batteries in the Psychology Laboratory.

Psychology interns experience the responsibility of serving as Primary Behavioral Health Providers in the context of integrated behavioral health care. Interns develop and refine skills required of professional psychologists, including evaluation, psychotherapy, and research. In addition, they develop consultative skills and professional confidence working alongside other disciplines within the medically-oriented primary care environment, PM&R, and Community Living Center. At Truman VA, interns work with a diverse population including veterans from both rural and urban backgrounds, from low-to middle- income status, and with a wide range of medical and emotional disabilities.

At Truman VA, the predoctoral psychology internship program helps to fulfill the VA education mission. Educational activities, such as dissertation defense and presentations at research and professional meetings, are considered legitimate educational activities in the curricula of interns enhancing their preparation as entry-level psychologists in a variety of settings, including VA. The granting of limited authorized absence to defend a dissertation and to participate in professional activities is determined on an individual basis.

University of Missouri Department of Health Psychology
http://shp.missouri.edu/hp/

Connie Brooks, Ph.D.
Director of Clinical Training
brookscm@health.missouri.edu

The University of Missouri-Department of Health Psychology (UM-DHP) is committed to educating predoctoral interns as part of the MHSPC. Faculty members have diverse training interests ranging from Neuropsychology and Rehabilitation Psychology, to
Health Policy and Wellness, and with a focus on both pediatric and adult populations. Multiple faculty members are board certified in the fields of Clinical Neuropsychology or Rehabilitation Psychology; many additional faculty are board-eligible. The clinics serve diverse populations across the age span and across a wide range of socio-economic status. The UM-DHP is committed to the University's overarching missions of teaching, service and discovery.

The UM-DHP is an academic unit within the School of Health Professions and a clinical unit within the University of Missouri's Health Sciences Center. The Health Sciences Center includes University Hospital, a 492-bed tertiary care teaching hospital and Level 1 Trauma Center as well as multiple clinics and hospital affiliates. These hospitals and clinics provide training opportunities for the School of Medicine and the School of Nursing, in addition to the School of Health Professions. The primary clinical training sites at the UM-DHP are 1) the Adult Neuropsychology Labs (located at Mizzou North), 2) Pediatric Labs (located at the Thompson Center for Autism and Neurodevelopmental Disorders), 3) the MU Chronic Pain program, and 4) the Department of Family and Community Medicine Primary Care Clinic.

Interns participate in comprehensive outpatient neuropsychology and psychology services. Rotations include opportunities for both assessment and treatment; serving persons with brain injuries, spinal cord injuries, progressive dementias, stroke, chronic pain, autism, neurodevelopmental disorders, concussions, and other disabling conditions. Interns are active members of multi-disciplinary treatment teams and interact with trainees across a range of disciplines (e.g. physical therapy, occupational therapy, speech therapy, physiatry, medicine, psychiatry, etc.). In all rotations, interns work closely with psychology faculty in providing patient care; receiving individualized supervision to support increasing independence and professional growth.

In addition to training pre-doctoral psychology interns, faculty in the UM-DHP support the University's missions by offering clinical practica to pre-doctoral students and post-doctoral fellows. Further, training opportunities are available at all levels for participating in faculty-mentored research. The range of research topics is broad, but maintains a common theme of improving the lives of people with chronic medical conditions and disabilities.

While training at all MHSPC sites is designed to support growth in generalist clinical skills, successful UM-DHP interns will have a special interest in populations with physical or neurological conditions or chronic health issues. For candidates interested in pediatric services, special interest in neurodevelopmental disorders, particularly Autism Spectrum Disorder, is preferred. UM-DHP interns will be embedded in environments that emphasize the integration of teaching and research with clinical service, the hallmark of psychology positions in academic medical settings. Additionally, UM-DHP faculty members recognize the importance of shaping the profession of psychology through active involvement in state and national levels of activity and leadership, and there is an active emphasis on these areas of professional growth.

The UM-DHP offers minor rotations emphasizing neuropsychology, health psychology, pediatric psychology, or primary care. Some interns may elect to design a minor rotation, with the guidance of a faculty supervisor, based on a specialized area of interest (e.g. research).

DHP interns for FY2016-17, FY2017-2018, and FY2018-2019 will be funded by a HRSA Graduate Psychology Education (GPE) training grant to promote integrated medical and behavioral health care to the most underserved populations. The MU Rural Health Psychology Training Program will be offered through the University of Missouri Health Care System (MUHC) which provides integrated primary care and behavioral health services to underserved populations with chronic illness and disabilities in central,
rural MO [175,536 patients in FY2011; 81% from Medically Underserved Areas (MUA)]. The MU Departments of Health Psychology (DHP) and Family/Community Medicine (FCM) are the primary providers of health psychology services to these high need, high demand populations (1,472 patients in FY2011; 76% from MUAs). DHP, with the MO Department of Mental Health (DMH) Health Home Care program, provides an excellent setting from which to train health psychology interns. The goal of the grant is to strengthen clinical competencies of psychologists serving rural, underserved populations in primary care settings (adults/children with chronic illnesses, the elderly, low-income residents, persons with disabilities, soldiers, veterans). The objectives are to:

a) Increase the number of MU DHP interns (from 2 to 5/year) working with underserved populations from rural areas in primary care settings.
b) Increase competencies of DHP interns working with underserved populations from rural areas via partnerships with multiple disciplines and state and federal programs.
c) Increase the number of qualified psychologists who take positions integrating primary care and behavioral health in rural, underserved settings (e.g., MO DMH Health Home Care).

PROGRAM PHILOSOPHY

The Missouri Health Sciences Psychology Consortium (MHSPC) Internship continues a decades-long commitment to facilitating the development of competent, ethical, and multiculturally aware professional psychologists. The primary objective of the internship is to provide comprehensive, integrated and flexible generalist learning experiences. With an adherence to the scientist-practitioner model, faculty provide training in a breadth of core clinical skills that are required of professional psychologists and specialized training in content areas relevant to interns’ career goals. Through engagement in this training program, interns develop and refine clinical skills, with an emphasis on evidence-based psychotherapies.

Truman VA intern stipends are funded by the federal government, and this site offers positions to five (5) interns each year. Truman VA provides behavioral health and medical services to Veterans and their families, which include: individual therapy (inpatient and outpatient), family therapy, couples therapy, group therapy, neuropsychological evaluations, psychological evaluations, and addictions treatment.

University of Missouri–Department of Health Psychology (UM-DHP) intern stipends are funded by the University of Missouri and this site offers positions to five (5) interns each year. UM-DHP provides a wide variety of behavioral health services to individuals of all ages, including: neuropsychological evaluations, neurodevelopmental psychology services, individual therapy, and family therapy.

MHSPC also strives to provide students with an opportunity to learn the value and unique perspective and contributions of psychology through work on interdisciplinary teams, which in turn helps develop an intern’s professional identity. Additionally, a focus on professional behavior and conduct, including adherence to the ethical and legal guidelines as summarized by the APA, and an awareness and appreciation of interpersonal differences aid in developing the professional identity of a psychologist. To emphasize professionalism and awareness of diversity, the MHSPC strengthens this awareness of diversity by respecting the dignity of each individual, regardless of age, culture, faith, ethnicity, race, gender, sexual orientation, language, disability and social class.

PROGRAM GOALS & OBJECTIVES

The primary goal of the Missouri Health Sciences Psychology Consortium is to provide comprehensive, integrated and flexible learning experiences to stimulate the emergence of competent, ethical, multiculturally aware professional psychologists. This internship prepares interns for successful entry into postdoctoral or entry-level professional positions.

By January 1, 2017, the MHSPC will have completed the transition from the American Psychological Association’s Guidelines and Principles for Accreditation in Professional Psychology to the new Standards of Accreditation for Health Service Psychology. Substantive changes to identified core competencies, program structure, and intern evaluation practices will be communicated to interns in a timely and thorough fashion. Current competencies emphasized by MHSPC appear below.
Core Competencies

Training of interns in the following Core Competencies is emphasized by faculty during the internship year:

1) **Professional Interpersonal Behavior**
   - Professional and appropriate interactions with treatment teams, peers, and supervisors. Seeks peer support and supervision as needed.

2) **Cultural Competence**
   - Actively increases knowledge regarding issues of cultural/diversity issues and applies this consistently to assessment and therapeutic intervention.

3) **Seeks Current Scientific Knowledge**
   - Participates in additional experiences designed to develop specific competencies and advances skills in scientific, educational, and administrative practice.

4) **Seeks Consultation/ Supervision**
   - Seeks consultation as needed and uses it productively.

5) **Professional Responsibility and Documentation**
   - Responsible for key patient care tasks (e.g. phone calls, letters, case management) and completes tasks promptly. All patient contacts including scheduled and unscheduled appointments and phone calls are well documented. Records include crucial information.

6) **Efficiency and Time Management**
   - Efficient and effective time management. Keeps scheduled appointments and meetings on time. Keeps supervisors cued of whereabouts as appropriate.

7) **Knowledge of Ethics**
   - Demonstrates good knowledge of ethical principles and state law. Consistently applies these appropriately, seeking consultation as needed.

Adjunctive Competencies

In addition, training during the majority of Major and Minor Rotations emphasizes the following additional competencies.

1) **Therapeutic interventions**
   - Demonstrates proficiency implementing empirically supported treatments for psychological difficulties and biopsychosocial issues.

2) **Psychological Assessment**
   - Proficient in the assessment of cognitive and/or neuropsychological functioning, psychological issues, and/or personality dynamics with appropriate and effective integration into diagnosis and treatment.

In addition to continued development of professional identity over the course of the internship year, interns will expand and refine their skills in the areas of psychotherapy, evaluation, and participation in multidisciplinary teams.

**PROGRAM STRUCTURE**

The MHSPC is organized as a consortium with two participating partner agencies, Truman VA and the University of Missouri - Department of Health Psychology. Consortium faculty is a diverse group that emphasizes both collegial working relationships with the interns as well as opportunities to teach and provide active supervision. Supervisors provide broad training and learning experiences while emphasizing skills unique to their specialties and site.
Consortium sites offer varied training opportunities unique to the missions of the respective sites; as a result, interns are able to access these opportunities in ways particularly relevant to their individual goals and interests.

Training

Interns participate in training through the following modalities:

The internship year consists of three 4-month rotations. Interns participate simultaneously in one Major Rotation and one Minor Rotation during each 4-month rotation. Interns actively assume responsibility, under the supervision of faculty, for psychological assessment, intervention and research involving patients seeking services at the consortium sites. All interns participate in one Major Rotation (20 hours per week) and one Minor Rotation (12 hours per week) simultaneously, and they gain training in the specialty emphasized by the rotation. Additionally, interns at Truman VA participate in a yearlong general outpatient mental health clinic (4 hours per week). This clinic allows the interns to work with long-term clients, an opportunity that is generally limited by the length of the Major and Minor rotations.

Education (4 hours per week) -- Interns participate in Group Supervision and have the opportunity to formally present cases to a panel of psychologists, gaining experience not only in brief presentation of patients but review by an expert panel. Interns also attend didactic seminars taught by Consortium faculty, other professional staff, and psychologists in the local community, gaining training in the ethical and professional standards that form the basis of psychological practice and training in clinical skills.

Interns attend Grand Rounds and Diversity-oriented presentations by faculty and speakers from the larger psychology community and they have opportunity for informal interaction with these speakers.

The Major Rotations provide depth of experience, and all Major Rotations are completed within the funding site (Truman VA or UM-DHP). The Minor Rotations are designed to provide breadth and extend the flexibility of training. Interns must complete at least one Minor Rotation at the non-funding site, occurring in the second or third rotation. This allows for a greater breadth of experience in the training year and exposes interns to the diverse population served by the members of the MHSPC. Additional cross-over opportunities are also possible and are determined at the request of the intern and by the approval of the Consortium Committee.

Truman VA

Truman VA is recruiting 5 interns to participate in the MHSPC pre-doctoral internship program (Match Number 138814). Matched interns will complete three Major Rotations from those offered at Truman VA. Interns submit first rotation requests prior to the training year and the Director of Training determines the Major Rotations for the first rotation. Subsequent rotations are determined over the course of the year. One minor rotation will occur at UM-DHP (as outlined above) and it is possible that one other minor rotation can be completed outside of Truman VA as desired and depending on approval. Interns also participate in a yearlong therapy clinic supervised by clinical staff. Training can be designed, through major and minor block rotations, to meet both Division 40 (Clinical Neuropsychology) and Division 22 (Rehabilitation Psychology) guidelines.

UM-DHP

For the 2016-2019 HRSA funded training grant, UM-DHP is recruiting 5 interns to participate in focused Health Psychology and Neuropsychology training through the MHSPC pre-doctoral internship program. Two interns will focus on health psychology (primary care; Match number 138816), two will focus on adult
neuropsychology (Match number 138813), and one will focus on pediatric neuropsychology (Match number 138815).

One of three minors can be completed at a site other than UM-DHP if desired, focusing on providing a breadth of training opportunities. Training is designed to meet Division 40 (Clinical Neuropsychology) guidelines.

**Supervision**

At all training sites, interns engage in one-on-one supervision with their Major Rotation supervisor and Minor Rotation supervisor for a minimum of two (2) hours each week. Truman VA interns also participate in a yearlong therapy clinic rotation and are supervised for an additional hour per week. Interns can expect this supervision to challenge them to thoughtfully examine their role and impact and to continue to develop their skills. Individual supervision is responsive to the skills and growth areas of the interns. Supervisors typically model skills initially, and then provide active guidance. Interns quickly assume responsibility for the provision of service. They gain additional supervision during the week in group supervision, multidisciplinary team meetings, didactics, training seminars, and unscheduled consultation with staff.

**Evaluation**

Intern performance is evaluated according to the consortium’s goals and objectives, and supervisors discuss with interns their perception of strengths, progress, and areas of growth. An informal evaluation will be completed by the supervisors of the Major and Minor Rotations at the midpoint of each rotation, and a formal written evaluation will be completed at the end of each rotation. The Consortium Committee considers the formal evaluations submitted by supervisors and the interns are provided with written evaluations. The formal evaluation is also mailed to the Director of Clinical Training at the intern's doctoral program, accompanied by a cover letter emphasizing strengths and areas of growth.

**TRAINING EXPERIENCES (ROTATIONS & SEMINARS)**

**Major Rotations**

Major Rotations are the core of the internship program and emphasize direct patient contact, professional modeling, timely feedback, and clinical supervision. Each rotation lasts four months, permitting three rotations during the internship year. The major rotations are as follows:

**Truman VA:**

- 1. Addictions Treatment Program (ATP)
- 2. Behavioral Health Recovery Team (BHRT)
- 3. Behavioral Health Triage (BHT)
- 4. Primary Care Mental Health Integration (PCMHI)
- 5. Posttraumatic Stress Disorder Clinical Team (PCT)

**Addictions Treatment Program (Truman VA)**

**Supervisor: Randall Rogers, Ph.D.**

In The Addictions Treatment Program (ATP) major rotation, the intern will work as part of a multidisciplinary treatment team that includes psychologists, social workers, vocational rehabilitation specialists, veterans’ justice outreach specialists, psychiatrists, recreation therapists, and chaplains. The Intern will serve as the Primary Behavioral Health Provider for Veterans in treatment for substance use disorders. This is a dynamic and fast-paced rotation, but allows the intern much flexibility in managing his or her schedule. The rotation provides a unique training experience that includes a truly multidisciplinary approach to substance abuse treatment. Interns who complete this rotation develop: 1) a sophisticated understanding of empirical conceptualizations of substance abuse and co-occurring disorders, 2) skills
needed to coordinate and prioritize services and therapeutic interventions for the unique needs of Veterans who have SUDs, and 3) the ability to implement empirically-based treatments for substance use disorders.

The ATP includes an Intensive Outpatient Treatment Program and a Lodger Unit, and emphasizes individualized, patient-centered approaches to treatment. Provision of empirically-based interventions is emphasized. These include the community reinforcement approach, motivational enhancement and cognitive-behavioral therapy. The intern will carry a caseload of 2 to 4 Lodgers at a time and will follow them through the intensive phase of treatment and aftercare. This includes completing a detailed assessment, collaborating with the Veteran on the development of a treatment plan, referral to other services, and addressing issues of co-occurring disorders. The intern will facilitate one to two groups of his or her choice, provided that the groups are informed by empirically-based treatments. The intern may also co-facilitate discharge staffing and orientation groups with other ATP staff members.

The treatment program serves a primarily male population with a mean age of approximately 47.5 years. Alcohol Use Disorders are the most commonly treated SUDs at Truman VA, though all drugs of abuse are represented in the population. Approximately 40-60 percent of the clients have a co-occurring psychiatric condition, including anxiety disorders, mood disorders, posttraumatic stress disorder, schizophrenia, and personality disorders.

**Behavioral Health Recovery Team (Truman VA)**
**Supervisor:** Megan Null, Psy.D.
In the Behavioral Health Recovery Team (BHRT) Major Rotation, the intern will function as a Primary Behavioral Health Provider. The intern provides therapy primarily in the outpatient Behavioral Health Clinic. On this rotation, the intern completes full biopsychosocial assessments and treatment plans based on the diagnoses and presenting problems of the veteran and appropriate interventions for such. Diagnosis of the veterans served may include affective disorders, anxiety disorders, personality disorders, psychotic disorders, posttraumatic stress disorder, substance use disorders and combinations thereof. Experiences working with the SMI population and using Evidence-Based Psychotherapies (EBPs) may be possible depending on the caseload. While the BHRT major is meant to be generalist in nature, caseloads can be crafted to focus on areas that the intern and supervisor identify as areas for additional growth. The intern also co-facilitates a Dialectical Behavior Therapy group, taking increasing clinical responsibility over the course of the rotation. The intern also gains some experience on the inpatient Acute Psychiatric Care Unit (APCU) through facilitating a group and being a member of a multidisciplinary team comprised of faculty of the major mental health professions.

**Behavioral Health Triage (Truman VA)**
**Supervisor:** Zachary Osborn, Ph.D.
Behavioral Health Triage is a fast-paced experience working in a wide variety of settings. The Triage teams’ role is to evaluate new patients, answer consults from physicians and handle emergency cases. Team members work closely with other behavioral health professionals and physicians. A typical day could include evaluating a chronically-ill hospital patient referred by their physician for depression, working with Triage staff while providing services to a patient in crisis, and interviewing a patient who walks into the clinic without an appointment seeking treatment for psychiatric symptoms. No two days are alike. The Behavioral Health Triage Team serves as the critical link between the Behavioral Health Service Line providers and the veteran population. The intern will assess psychiatric disturbances, collaborate with providers regarding psychiatric emergencies, admit patients for acute inpatient psychiatric care, provide needed referrals in an interdisciplinary context, and enroll patients in Behavioral Health Services as needed for the provision of extended mental health care.

**Primary Care Mental Health Integration (Truman VA)**
**Supervisor:** Lori Daniel, Ph.D. / Paul Korte, Ph.D.
The Primary Care Psychology emphasis provides a fast-paced environment where psychology is collocated and integrated within primary care. The intern on this rotation will gain experience with a number of co-morbid psychological and medical conditions. Interns are a vital part of the primary care teams and provide consultation to primary care physicians, nurse practitioners, registered nurses, care coordinators,
pharmacists, and dietitians. Services provided on this rotation include individual functional assessments for a variety of psychiatric conditions and assessment around behavioral components of physical health, staff development/education, group therapy/classes, and brief interventions (2-6 sessions) with a focus on motivational enhancement, treatment adherence, stress management, and increasing healthy behaviors/decreasing risky behaviors. This rotation is recommended for interns interested in gaining experience with integrated care and working with a variety of co-morbid health conditions. Interns who successfully complete this rotation will be well-prepared for a postdoctoral fellowship in health psychology or a psychologist position in a primary care outpatient setting.

**Posttraumatic Stress Disorder Clinical Team (Truman VA)**

**Supervisor:** Grant O'Neal, Ph.D. / Ashley Smith, Ph.D.

The Posttraumatic Stress Disorder (PTSD) Major emphasizes the assessment and treatment of trauma-related anxiety through the PTSD Clinical Team (PCT), with particular emphasis on building competence in the use of Evidence-Based Psychotherapies (EBP). Interns will also have the opportunity to participate in program development and evaluation while on this rotation. The comprehensive assessment completed by the PCT incorporates structured-interviewing and other well-known trauma assessment tools, including the Clinician Administered PTSD Scale (CAPS), Trauma Severity Index, and Coping Strategies Questionnaire. The intern will gain considerable experience in the application of Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE) protocols for the treatment of PTSD. In addition to individual treatment, the intern will have the opportunity to facilitate educational/didactic and skills programs in a group context. While anxiety resulting from any type of trauma may be treated, armed combat and military sexual trauma are the most common sources. The PCT primarily serves Veterans in the Behavioral Health Outpatient Clinic.

**University of Missouri – Department of Health Psychology (UM-DHP):**

1. Adult Neuropsychology
2. Pediatric Psychology (emphasis in Autism)
3. Pediatric Neuropsychology
4. Health Psychology / Chronic Pain
5. Primary Care Psychology

**Adult Neuropsychology (UM-DHP)**

**Supervisors:** Brick Johnstone, Ph.D., ABPP; Laura Schopp, Ph.D., ABPP; Eric Hart, Psy.D., ABPP.

This rotation at UM-DHP utilizes a flexible battery approach to neuropsychological assessment with an emphasis on functional utility. Inpatient and outpatient consultation are provided to all UMC School of Medicine Departments including PM&R, Neurology, Neurosurgery, Psychiatry, Internal Medicine and Family Medicine. These services are also provided to various hospitals in central Missouri. Evaluation of Division of Vocational Rehabilitation (DVR) clients is also an integral part of this rotation. Specialization in the assessment of traumatic brain injury, dementia, and stroke is available. The rotation is designed to first ensure competence in test administration, thereafter allowing the primary focus to be on interpretation and case conceptualization, the use of appropriate normative data, report writing, and provision of feedback to patients, families, and referral sources.

**Pediatric Psychology, Autism Emphasis (UM-DHP, Thompson Center)**

**Supervisors:** Connie Brooks, Ph.D.; Melissa Dole, Psy.D.

This rotation focuses on best practice evaluations for the referral question of autism of children ranging from 12 months through 18 years of age. There is additional focus on research-reliable administration and coding of the ADOS-2. Test batteries include a range of developmental, cognitive, academic, adaptive, and behavioral/emotional measures. Most evaluations are multidisciplinary in nature, offering interns opportunities to collaborate with pediatricians, psychiatrists, occupational therapists, and speech/language pathologists. Supervision utilizes a developmental model with recording system support as appropriate. Opportunities for evaluations in Spanish and individual counseling are also available.
Pediatric Neuropsychology (UM-DHP, Thompson Center)
Supervisor: Michael Mohrland, Psy.D., ABPP
As an intern on the pediatric neuropsychology rotation, training experiences include neuropsychological interviewing, test selection, report writing, and providing feedback. The Thompson Center has a wide range of test batteries which support the intern’s familiarity of various tests and also strategic targeted assessments. Supervision is provided in-person and also utilizes a dynamic video system. Patient ages include infancy through young adulthood. Referrals come from a wide array of University medical providers and also agencies throughout the State of Missouri. Medical conditions with which patients present offer a rich experience of both neurodevelopmental and acquired conditions. There are several specialty diagnostic clinics at the Thompson Center which allow for the possibility of a unique training experience.

Health Psychology/Chronic Pain
Supervisor: Renee Stucky, Ph.D., ABPP
Interns will work in the newly created MU Chronic Pain program to provide psychological and behavioral health services to individuals with chronic pain conditions. Interns will work on an interdisciplinary team of physiatrists, anesthesiologists, nurses, and therapists to provide integrated medical and psychological services to persons with chronic pain from across the MU Health Sciences Center.

Primary Care Psychology
Supervisor: Nikole Cronk, Ph.D.
This rotation involves provision of psychological services to patients in an integrated family medicine clinic. The psychology intern works as part of an interdisciplinary team of primary care physicians and nurses to provide holistic services in a primary care setting.

Minor Rotations
Minor Rotations extend the flexibility of the internship by allowing individualized training placements of 12 hours per week concurrent with the Major Rotations. Each Minor Rotation lasts four months. All interns personally discuss their Minor Rotation interests with potential supervisors at the beginning of the internship year. In addition to the Minor Rotations listed below, most Major Rotations can be developed to become Minor Rotations for those interns who would not otherwise obtain the rotation, or to increase experience in a particular content area. Interns are required to complete at least one minor rotation in the agency providing their stipend.

Adult Neuropsychology (Truman VA)
Supervisor: John Neudecker, Ph.D.
The neuropsychology service at the Truman VA is primarily outpatient-based and consult-driven. The majority of consultations come from neurology, primary care, and behavioral health. Although modal problems include traumatic brain injury in returning veterans and dementia/neurocognitive disorders in our aging veteran population, we enjoy a significant variety in clinical/presenting conditions. The clinical neuropsychology rotation is designed to help trainees develop competencies in psychometrics, interview, interpretation and diagnosis, and communicating results. Prior experience with neuropsychological assessment is not necessary. Although we will strive toward independence, interns on this rotation are not expected to generate work which is in consistent with their developmental level. This is an opportunity to receive training in clinical neuropsychology in a collegial setting. Goals for the rotation are further detailed in our Training Plan, which we would be happy to email to you upon request.

Adult Neuropsychology (UM-DHP)
Supervisors: Brick Johnstone, Ph.D., ABPP; Laura Schopp, Ph.D., ABPP; Eric Hart, Psy.D., ABPP
This rotation at UM-DHP, in the Adult Neuropsychology Clinic, utilizes a flexible battery approach to neuropsychological assessment with an emphasis on functional utility. Integration of rehabilitation psychological principals in neuropsychological assessment and consultation is a key component of services provided in this clinic and an emphasis in our training of interns. Inpatient and outpatient
consultation are provided to all UMC School of Medicine Departments including Physical Medicine & Rehabilitation, Neurology, Neurosurgery, Oncology, Rheumatology, Psychiatry, Internal Medicine and Family Medicine. These services are also provided to various hospitals in central Missouri. Evaluation of Division of Vocational Rehabilitation (DVR) clients is also an integral part of this rotation. Specialization in the assessment of traumatic brain injury, dementia, and stroke is available. The rotation primarily focuses on test administration and interpretation, the use of appropriate normative data, report writing, and provision of feedback to patients, families, and referral sources.

**Behavioral Medicine – Individual Therapy (Truman VA)**
**Supervisor: Martha Brownlee-Duffeck, Ph.D., ABPP**
Interns will complete individual therapy treatment with those patients referred to the Behavioral Medicine and Neuropsychology Services team. Treatment may include a wide range of psychological and behavioral issues which interface with physical disease, disability, and medical/surgical treatment. Areas of focus may be stress management training, marital/sex therapy, end of life issues, lifestyle modification, non-adherence, and supportive counseling for patients and families facing chronic or terminal illnesses. Interns will learn about therapeutic interventions with medically involved patients. The focus of this experience will be on providing EBPs.

**Chronic Pain Management (Truman VA)**
**Supervisor: Cheryl Shigaki, Ph.D., ABPP**
Behavioral Health services addressing chronic pain are evolving as part of the Truman VA’s “Performance Program.” Performance Programing takes a functional and multidisciplinary perspective of pain management. The majority of patients seen on this rotation are medically and psychologically complex and experience multiple and interacting comorbid conditions. The treatment model is currently cognitive-behavioral, with an evolving Acceptance and Commitment Therapy program. Interns can participate in this programming via a minor rotation that involves assessment and treatment provided in individual and group formats, with Veterans and their families. Interns on this rotation will function as vital members of the pain management team (PT, OT, PM&R, Integrative Medicine, Pain Pharmacy). This rotation is recommended for interns interested in learning the rehabilitative approach to managing chronic medical conditions and working within a multidisciplinary team.

**Compensation and Pension Evaluations (Truman VA)**
**Supervisor: Peter E. Jaberg, Ph.D.**
The Compensation and Pension minor involves providing examinations for veterans seeking compensation for service connected problems. The intern will be required to review medical records and obtain psychiatric histories for the purpose of answering specific questions from the VA Regional Office. Interns will learn to use the Compensation and Pension Record Interchange (CAPRI) to complete the exams in the electronic medical record. This rotation is ideal for individuals interested in gaining experience in conducting exams to determine functional status in conjunction with psychiatric disorders. This rotation is highly recommended for interns interested in pursuing a career in the Veterans Health Administration.

**Dual Diagnosis (Truman VA)**
**Supervisor: Andrew Darchuk, Ph.D., LP**
A Dual Diagnosis minor rotation is offered and is overseen by the ATP and PTSD teams. The intern who completes this rotation will develop expertise in the assessment and treatment of individuals with co-occurring psychiatric and substance use disorders, with primary focus on comorbid PTSD. Interns will develop an understanding of integrative approaches designed to provide comprehensive and simultaneous treatment of veterans with co-occurring disorders. The rotation consists of evaluation as well as individual and group psychotherapy. Given the prevalence of co-occurring disorders in VA hospital settings, participants in this rotation will be expected to consult with other behavioral health professionals and physicians in order to optimize veteran care. Interns may also gain experience in the provision of evidence-based psychotherapies for PTSD (e.g., Prolonged Exposure, Cognitive Processing Therapy) and develop an understanding of how these manualized treatments can be enhanced by simultaneous substance abuse treatment.
Geropsychology (Truman VA)
Supervisor: Michael Palmer, Ph.D., ABPP
The Geropsychology minor rotation offers interns the opportunity to work with older adults and their families in a variety of treatment settings, reflecting the breadth of scope that defines the practice of clinical geropsychology. Settings include: 1) the Community Living Center (CLC), a 41-bed unit that provides long-term skilled nursing care, hospice care, and/or rehabilitation services to veterans; 2) the Next Step geriatric assessment clinic, a consultation service that offers a one-stop interdisciplinary assessment of community-dwelling elders with cognitive and functional impairments; 3) the Palliative Care Consult Team (PCCT), which offers consultation and referral services to patients with life-limiting illness; and 4) psychotherapy interventions with older adult outpatients and their families through the Behavioral Health clinic. Within these settings, there is some latitude to tailor rotation opportunities to reflect training interests; for example, an intern with specific interests in palliative and end-of-life care might be assigned to work primarily with the PCCT, and would see hospice patients on the CLC.

Psychology interns choosing this rotation would have the opportunity to conduct psychological and neurocognitive assessments with older adults, learn and implement evidence-based behavioral and psychoeducational interventions developed for older adults and families (e.g., STAR-VA, REACH-VA), and develop skills for effective consultation and communication with providers on a range of interdisciplinary geriatric treatment teams.

Health Promotion/Disease Prevention (HPDP; Truman VA)
Supervisor: Joseph Hinkebein, Ph.D., ABPP
The HPDP minor rotation provides an opportunity for psychology interns to practice in a health psychology model with an emphasis on health behavior coaching and the use of Motivational Interviewing interventions. Interns gain experience in promoting healthy behavior change by participating in the Tobacco Cessation Program and the MOVE! Weight Management program for Veterans. Interns will also participate in health promotion outreach and education to Veterans served in the VA health system. The HPDP minor rotation nicely complements interns who are also completing a major rotation in Primary Care-Mental Health Integration and/or the Addictions Treatment Program.

Psychology Research Programs (Truman VA and UM-DHP)
Supervisors: Vary by Site
Throughout the Consortium, psychologists are involved in a wide range of research projects. Both intramural and extramural research programs exist in a wide variety of areas. Interns may be able to participate on psychology research teams and become centrally involved in manuscript preparation, grant applications, and protocol management, though this is dependent on the nature of active projects during the intern’s tenure.

Workplace Health Promotion (UM-DHP)
Supervisor: Laura Schopp, Ph.D., ABPP
In this rotation, the intern will participate as a team member in the design, implementation, and evaluation of the University of Missouri Wellness Program headed by health psychologist Dr. Laura Schopp. The University of Missouri Wellness Initiative is charged with assessing and promoting all aspects of health and wellness among employees and their families from the University's 4 statewide campuses and its hospital and clinic enterprises. Opportunities exist in areas as diverse as business planning for health benefits integration for 40,000 insured lives, conducting stress reduction programming among employees, planning health fairs, research and program evaluation, motivational interviewing, and many other areas. This is an exceptional opportunity to develop health promotion leadership skills in a university multi-campus environment.

Make-Your-Own-Minor
Minor blocks are electives intended to meet the individual training needs of interns. Within limits of feasibility, the Consortium helps interns create minor block experiences consistent with their training objectives.
Seminars

The Missouri Health Sciences Psychology Consortium arranges Psychology Intern Seminars that include Grand Rounds and Diversity workshops covering a wide variety of clinical and research topics to enrich the internship experience. Both UM-DHP and Truman VA plan Seminars in accordance with the interns' professional interests and training priorities. Seminars emphasize sensitivity to and treatment considerations of issues of diversity and multiculturalism. Psychologists and other professionals within the Consortium and throughout the local community present seminars about topics about which they have particular expertise and knowledge. The Psychology Grand Rounds Series and Diversity workshops recruit experts from the greater psychology community in various fields of psychology. Previous examples include:

**Treatment with LGBQ Clients** -- Christy Hutton, Ph.D.

**Using the Minority Stress Model with LGBT Clients** -- Kurt DeBord, Ph.D.

**Evidence-Based Parenting and Family Interventions** -- Keith Herman, Ph.D.

**Developmental and Integrative Approach to Pain Management** -- Steve Kvaal, Ph.D.

**Human Trafficking: Serving Survivors** -- Deborah L. Hume, Ph.D.

**What Happens When You Drink: Implications for Alcohol Use Disorder Risk, Consequences, and Interventions** -- Denis McCarthy, Ph.D.

**An Enriched Structured Living Environment for Older Male Adult Prisoners May**

**Help to Maintain Cognitive Abilities** -- Mary Harrison, Ph.D.

**Chronic Prescription Opioid Use and Risk of Depression, Depression Recurrence, and Treatment Resistant Depression** -- Jeffrey F. Scherrer, Ph.D.

**Healthcare as a Human Right: Learning from Our Cuban Colleagues** -- Amanda Kracen, Ph.D.

**Attention Disorders: Comorbidity, Developmental Course, and the Importance of Differential Diagnosis** -- Andrew Knoop, Ph.D.

**Additional Training Opportunities:**

**Group Supervision**

Group supervision is a weekly opportunity for interns to discuss current cases amongst each other and with MHSPC faculty. It is intended to be an opportunity to receive additional guidance regarding case conceptualization and clinical care. Furthermore, discussion of issues related to professional development (e.g., time management, documentation, work-life balance, professional boundaries, career planning, etc.) is encouraged. Additionally, interns will participate in an informal case conference series throughout the internship year, culminating in a formal case presentation to select MHSPC faculty near the end of the year.

**Grand Rounds - Psychiatry**

The University of Missouri School of Medicine hosts a Psychiatry Grand Rounds series, with speakers talking on a weekly basis about the role of psychiatry in mental illness. Interns are welcome to attend.

**Other Seminars and Programs**
The University of Missouri hosts a wide variety of seminars and programs. The Departments of Black Studies, Women and Gender Studies, Education, and Counseling Psychology all offer programs and speakers of interest to psychologists.

REQUIREMENTS FOR COMPLETION

To successfully complete the MHSPC Pre-doctoral Internship, interns must: 1) participate in training opportunities for a minimum of 2080 hours, 2) demonstrate ongoing commitment to training and growth in the profession, 3) display sufficient professional competence to function effectively as an entry-level psychologist, 4) demonstrate sufficient psychological maturity and freedom from personality disturbances and emotional problems that allows for unimpaired provision of psychological services, and 5) perform at a satisfactory level on each of the Core Competencies. Interns are required to consistently maintain strict observance of APA’s *Ethical Principles of Psychologists and Code of Conduct*.

The Consortium Committee will determine readiness for completion based on the aforementioned criteria.

ADMINISTRATIVE POLICIES AND PROCEDURES

The policy of the Missouri Health Sciences Psychology Consortium (MHSPC) is to treat interns in a dignified and respectful manner, consistent with APA’s *Ethical Principles of Psychologists and Code of Conduct* and *Standards of Accreditation for Health Service Psychology*.

Our privacy policy is clear: we will collect no personal information about you when you visit our website.

In addition, the MHSPC does not require personal self-disclosure of such personal issues as age, culture, faith, ethnicity, race, gender, sexual orientation, language, disability, and social class. Applicants are encouraged to discuss any issues that will require facilitation during the training year after successful completion of the match.

TRAINING FACULTY

**Truman VA:**

**Jocelyn N. Abanes, Psy.D., J.D.** (Argosy University Hawaii, 2011) is a licensed staff psychologist with the Compensation and Pension Evaluation Clinic at Truman VA. Dr. Abanes did her dissertation on forensic interviewing techniques for clinicians in the assessment of child maltreatment. She did her pre-doctoral internship at the Oklahoma City VA in Oklahoma City, OK, with primary focus on working with veterans while pursuing her secondary interest in working with survivors of child maltreatment at the OK Center on Child Abuse and Neglect. She did her postdoctoral fellowship with veterans with severe mental illness at the Truman VA Psychosocial Rehabilitation and Recovery Center. She previously did criminal jury trials and personal injury litigation in state and federal courts in Hawaii until she decided to pursue her abiding interest in psychology. During different periods of her doctoral training in clinical psychology, she also taught legal reasoning and writing for the University of Hawaii school system, managed a statewide support program for persons with developmental disability, and provided legal representation in workers’ compensation cases. Her clinical interests include C&P assessments, as well as using mindfulness- and acceptance-based therapies in the treatment of trauma.

**Martha Brownlee-Duffeck, Ph.D., ABPP** (University of Missouri - Columbia, 1987) is the current Psychology Leader for the Behavioral Health Service at Truman VA. She is certified by the American Board of Professional Psychology in both Rehabilitation Psychology and Clinical Neuropsychology and holds adjunct positions as Clinical Assistant Professor in both the Department of Physical Medicine &
Rehabilitation at the University of Missouri School of Medicine and the Department of Health Psychology in the University of Missouri School of Health Professions. Clinical interests include rehabilitation of persons with Traumatic Brain Injury (TBI), individual psychotherapy and multi-disciplinary group therapy with persons with mild TBI and PTSD, individual therapy with Acceptance and Commitment Therapy (ACT) for persons with Depression and Mild Cognitive Impairment (MCI), and neuropsychological assessment of medical patients. Research interests include examining the effectiveness of Cognitive Processing Therapy (CPT) for Veterans with co-morbid TBI & PTSD vs. PTSD only; developing a modified CPT protocol for persons with co-morbid TBI; Expanding the work using Statistical Process Control (SPC) as an outcome measure in rehabilitation settings to applications such as evaluating evidence-based psychotherapy outcomes. Leisure interests include reading, art, and hiking.

Alice Christensen, Ph.D. (Vanderbilt University, 1982) is a clinical psychologist at Truman VA and a Clinical Assistant Professor of Psychiatry in the Department of Psychiatry at the University of Missouri. As previous Consortium Director at MHSPC, she has particular interests in the facilitation of the professional growth of psychologists. In addition, she is active on the Behavioral Health Recovery Team and she is particularly interested in evidence-based therapies, especially Cognitive Processing Therapy, Acceptance and Commitment Therapy, and Dialectical Behavior Therapy. Research interests include the training of psychologists, and evidence-based therapies. Leisure interests include family, running, and handicrafts.

Lori Daniel, Ph.D. (University of Missouri – Columbia, 2005) is a staff psychologist for the Primary Care – Mental Health Integration (PCMHI) program. Dr. Daniel received her doctorate in counseling psychology. She completed her post-doctoral fellowship with an emphasis in mind-body approaches to treatment at the University of Georgia. Dr. Daniel's clinical and research interests include health psychology, mind-body psychology, and integrated primary care.

Andrew J. Darchuk, Ph.D., LP (Ohio University, 2007) is a clinical psychologist and PTSD-SUD specialist at Truman VA. He is the Training Director for the psychology internship program at Truman VA and works closely with the PTSD Clinical Team (PCT) and the Addictions Treatment Program (ATP) teams. He supervises interns on the Dual Diagnosis minor rotation and the yearlong therapy rotation. Dr. Darchuk completed his predoctoral internship at the Hazelden Foundation and has experience in treating individuals with addictive disorders, serious and persistent mental illness, and mood disorders in outpatient, residential, and forensic settings. His clinical and research interests include men's issues in psychotherapy, anger management/emotion regulation, cognitive-behavioral approaches to addictions treatment, motivation in addiction recovery, evidence-based treatments for substance abuse and PTSD, psychotherapy process research, and psychosocial correlates of positive treatment outcome. Dr. Darchuk is also the local Evidence-Based Psychotherapy Coordinator at Truman VA and is the VISN 15 Cognitive Processing Therapy Trainer and Consultant.

Kathleen M. Darchuk, Ph.D., LP, ABPP (Ohio University, 2007) is a board certified Clinical Health Psychologist currently serving as the administrative supervisor for all Behavioral Medicine programing at Truman VA. Clinically, she provides psychological consultation-liaison, assessment, and treatment for Veterans on inpatient medical/surgical units and the cardiac rehabilitation program. Dr. Darchuk completed a postdoctoral fellowship in Medical Psychology at the Mayo Clinic, where she specialized in chronic pain rehabilitation and primary care. Her research interests include psychological factors associated with the development and maintenance of chronic pain conditions and motivational factors in preventative health behaviors. She also has specialized interests in administration, leadership, and program development/evaluation.

Daniel R. Ferland, Ph.D. (Saint Louis University, 2009) is a staff psychologist assigned to the Behavioral Health Recovery Team (BHRT) at Truman VA. He divides his clinical duties between providing general outpatient psychotherapy to individuals and couples and delivering psychology services on the inpatient psychiatric unit. He is a certified VA provider in Cognitive-Behavioral Therapy for Depression, Cognitive Processing Therapy, and Integrative Behavioral Therapy for Couples. Dr. Ferland completed a predoctoral internship with the Center for Behavioral Medicine Institute in Kansas City, MO and a post-doctoral residency at the Kansas City VA Medical Center. Dr. Ferland currently serves as a supervisor for intern group supervision and for those interns electing to pursue training opportunities on the Acute
Psychiatric Care Unit, an inpatient psychiatric ward. Research and clinical interests include: psychodynamic approaches to conceptualization and treatment, supervision, personality assessment, mindfulness applications, and psychotherapy process and outcome. Leisure interests include movies, martial arts, reading, and playing the piano.

Joseph H. Hinkebein, Ph.D., ABPP (University of Missouri - Columbia, 1990).is a board-certified Rehabilitation Psychologist currently serving as the Health Behavior Coordinator for the Health Promotion/Disease Prevention program at the Truman VA. Dr. Hinkebein received his doctorate in Counseling Psychology from the University of Missouri in 1990. He interned at the Minneapolis VA Medical Center, and he has been a licensed psychologist since 1991. He has published in the areas of neuropsychology, rehabilitation psychology, and health psychology. Dr. Hinkebein serves as the Lead Tobacco Cessation clinician for the Truman VA, provides health coaching and MI services to the MOVE! Weight Management program, and provides training in Motivational Interviewing and patient centered communication skills to Primary Care medical staff.

Peter E. Jaberg, Ph.D. (Southern Illinois University - Carbondale, 2005) is a psychologist at Truman VA, assigned to serve as a Behavioral Health examiner for the Compensation and Pension Service. He also serves as an adjunct faculty member for The Wright Institute. He completed his post-doctoral residency in Randolph, MA, specializing in applied behavioral assessment and intervention techniques. In 2007, Dr. Jaberg began service as a faculty member for the School of Professional Psychology at Forest Institute in Springfield, MO. He has been licensed as a Psychologist/Health Service Provider in the State of Missouri continuously since 2007. In addition to teaching/supervision, administrative, and scholarly activities through Forest Institute, Dr. Jaberg also conducted contractual program evaluation and continued his part-time private practice through the Robert J. Murney Clinic (i.e., with provision of psychotherapy and psychodiagnostic/learning diagnostic services). He did Compensation and Pension examinations as a contractor through the Veterans Evaluation Services in the fall of 2013 before joining the Compensation and Pension staff at Truman VA in 2015. Dr. Jaberg’s current professional and research interests include eating disorder assessment and treatment, varied CBT intervention technologies, behavioral assessment, size and health diversity, and behavioral health stigma.

Paul T. Korte, Ph.D. (Palo Alto University, 2011) is a staff psychologist for the Primary Care – Mental Health Integration (PCMHI) program. Dr. Korte was born and raised on a farm in Northeast Missouri and completed his undergraduate degree at Quincy University. Knowing the Midwest could not contain his appetite for all things new, he made a break for the exotic wilderness of the San Francisco Bay Area where he received his doctorate in clinical psychology with a special emphasis in health psychology. He completed his internship at the St. Louis VAMC and post-doctoral residency at the Cleveland VAMC where he specialized in addictions. Upon completion of his training, Dr. Korte returned to Missouri for his current position. Dr. Korte’s clinical and research interests focus on health psychology, integrated primary care, substance abuse, and behavioral addictions, particularly pathological gambling. Dr. Korte also serves on the Missouri Psychological Association board of directors and will serve as president during the 2016-2017 year. Since becoming a father in the Spring of 2014, his research activities now include sleep deprivation’s effect on a psychologist’s ability to function coherently.

John Neudecker, Ph.D. (Central Michigan University, 2007) is a Missouri native, who grew up in nearby Callaway County. He earned his B.S. (2001) in Psychology at Truman State University in Kirksville, MO, and obtained his Ph.D. in Clinical Psychology at Central Michigan University, which included completion of a doctoral internship on the neuropsychology track at the University of Florida, Gainesville. Dr. Neudecker subsequently completed a 2-year postdoctoral fellowship in keeping with Houston Conference guidelines for neuropsychology with a private practice and two hospital systems in Michigan. Upon postdoc completion, Dr. Neudecker worked for the VA St. Louis Health Care System for a period of 6 years in neuropsychology and in the CLC. He also served as the assistant training director there for 4 years, where he was awarded OAA funding for an additional permanent internship position and a second 2-year neuropsychology fellowship position. He transferred to Columbia to work at the Truman VA in 2016 with his wife, Heather, who is a VA Audiologist. They have two sons, Henry and Otto. "Likes" include testing of limits and sandwiches, while "dislikes" include overpathologizing interpersonal differences and most fruits (especially bananas).
Megan K. Null, Psy.D. (Indiana State University, 2004) is a staff psychologist with the Behavioral Health Recovery Team at Truman VA, where she provides individual and group services on an outpatient basis. She provides individual, evidence-based psychotherapy to veterans using Cognitive Behavioral Therapy, Cognitive Processing Therapy, and Motivational Interviewing. She also leads a group in Dialectical Behavior Therapy (DBT). She completed her internship at the Edward Hines Jr. VA in Chicago and later worked as an outpatient clinical psychologist at the Jesse Brown VA Medical Center in Chicago. Her work there involved being the psychologist for the Women’s Health Clinic, as well as a member of a Supportive Care Team for Veterans with Psychotic Disorders. She was the first Military Sexual Trauma Coordinator for the hospital. When not at work, she enjoys reading, playing the piano, and travel.

Grant O’Neal, Ph.D. (University of Missouri - Columbia, 1995) is a licensed psychologist and team leader of the PTSD Clinical Team. He is certified in the use of Cognitive Processing Therapy and Prolonged Exposure for treatment of PTSD. He has previously worked in various capacities within the mental health community including: therapist and group facilitator, Quality Improvement Director, Clinical Supervisor for mental health and substance abuse providers and Clinic Director for a community psychiatric rehabilitation program. His interests include: evidence-based treatments for anxiety and depression, mindfulness-based treatment, and practitioner resilience.

Zachary H. Osborn, Ph.D. (University of Alabama at Birmingham, 2007) is the Clinical Manager for Behavioral Health at Truman VA and the Associate Director for the Postdoctoral Fellowship program. Dr. Osborn served as the Consortium Director from 2011-2013 and the VA Internship Training Director from 2010-2015. Currently, he conducts triage evaluations and formerly was a neuropsychologist for Truman VAMC. He received his Master’s Degree (Counseling Psychology) at Iowa State University and then specialized in neuropsychology in the Medical Psychology Doctoral program at the University of Alabama Birmingham. While there, he worked in the areas of both pediatric and adult neuropsychology, including medical/genetic, rehabilitation, and athlete populations. Dr. Osborn has worked with athletes at all levels including professional football players. He completed his internship at the Missouri Health Sciences Psychology Consortium (MHSPC), working at both Truman VA and UM-DHP. Dr. Osborn serves as an adjunct editor for a major psychology journal (Rehabilitation Psychology), reviewing studies involving TBI/mTBI. He has also given a number of invited talks to the HSTMVH staff, state organizations, and VISN 15 on TBI/mTBI and psychological co-morbidities focusing on evaluations and treatments. Dr. Osborn serves in the Missouri National Guard as a Behavioral Health Officer, currently holding the rank of Captain.

Michael Palmer, Ph.D., ABPP (University of Missouri - St. Louis, 2007) is a geropsychology specialist on the Behavioral Medicine/Neuropsychology Service (BMNS) at Truman VA. Dr. Palmer has completed extensive specialty training in geropsychology, including a postdoctoral residency in geropsychology at the Louis Stokes Cleveland VAMC. In 2014, he became a charter diplomate of the American Board of Geropsychology (ABGERO). Dr. Palmer’s clinical duties include consulting to the hospital's Community Living Center (CLC) and Palliative Care Consult Team, conducting psychological assessments in the Next Step geriatric assessment clinic, and providing outpatient therapy services to older veterans and their families. His teaching and research interests include dementia caregiving, medical and psychiatric comorbidity in older adults, elder mobility and driving safety, application of the Recovery Model to end-of-life care, and multicultural competency in clinical geropsychology. Dr. Palmer supervises postdoctoral residents, interns, and practicum students on geropsychology rotations, and chairs the consortium’s Multicultural/Diversity committee. He chairs both the hospital and VISN dementia committees, and serves on the Missouri Department of Transportation (MoDOT) Subcommittee on Elder Mobility and Safety.

Randall E. Rogers, Ph.D. (University of North Texas, 2005) is the Addictions Treatment Program Director at Truman VA. He earned a Ph.D. in Clinical Health Psychology from the University of North Texas and completed a NIDA-funded postdoctoral fellowship in behavioral pharmacology at the University of Vermont. Dr. Rogers is interested in behavioral models of substance use/abuse and
treatment, with particular emphasis on clinical applications such as contingency management interventions.

Cheryl L. Shigaki, Ph.D., ABPP (University of Florida - Gainesville, 1998) Dr. Shigaki is board certified in Rehabilitation Psychology and has been working in multidisciplinary rehabilitation settings since 2003. She started with the Truman VA in November, 2016 and has been developing a complement of programs for Veterans with chronic pain and their families, using evidence-based approaches. Clinical interests include chronic health conditions, geriatrics, and neuropsychological models of pain. Current research interests include geriatrics and healthcare, assessment and treatment of pain, and people with disabilities. Dr. Shigaki has two children, ages 11 and 15, who keep her busy. Other leisure interests include walking, reading, photography, and cooking.

Ashley E. Smith, Ph.D. (University of Missouri - Columbia, 2013) is a staff psychologist with the Posttraumatic Stress Disorder Clinical Team (PCT). She serves as the major rotation supervisor for the PCT. Dr. Smith completed her predoctoral internship at the MHSPC and completed a postdoctoral fellowship specializing in PTSD and Traumatic Brain Injury assessment at Truman VA. Dr. Smith’s current duties include conducting evidence-based treatment in both individual and group contexts. She is certified in Motivational Interviewing (MI) and is currently developing expertise in Cognitive Behavioral Conjoint Therapy for PTSD (CBCT-PTSD). Dr. Smith’s clinical interests include treatment related to Military Sexual Trauma, health psychology, and addictive behaviors.

University of Missouri, School of Health Professions, Department of Health Psychology:

Connie Brooks, Ph.D. (University of Missouri - Columbia, 2006) is an Associate Clinical Professor providing psychological services at the Thompson Center for Autism and Neurodevelopmental Disorders (TC). At the TC she serves as the Director of Health Professions while also serving as the Director of Clinical Training for UM-DHP. She earned her PhD in school psychology and completed postgraduate training for internship and postdoctoral residency at the University of Missouri. Her clinics include the Toddler autism clinic, Autism Diagnostic Entry clinic (with medicine collaboration), and the Clinical Assessment Team (psychology, occupational therapy, speech/language pathology). Dr. Brooks will be responsible for coordinating training for pediatric rotations at the Thompson Center.

Nikole Cronk, Ph.D. (University of Missouri - Columbia, 2006) is a licensed clinical psychologist and Associate Teaching Professor in the Department of Family and Community Medicine at the University of Missouri. She earned her PhD in Clinical Psychology at the University of Missouri and completed postdoctoral work as the project coordinator for a NIH-funded clinical trial of Motivational Interviewing. She practices in an outpatient primary care clinic, where she works closely with primary care physicians. Her interests are in health psychology and integrated behavioral health care. She has been invited to speak about and provide training in motivational interviewing nationally. Dr. Cronk will be responsible for providing supervision to interns during their primary care rotations within the Department of Family and Community Medicine.

Melissa Dole, Psy.D. (Carlos Albizu University, 2014) is an Assistant Clinical Professor providing psychological services at the Thompson Center for Autism and Neurodevelopmental Disorders. Dr. Dole is bilingual and earned her Psy.D. in child clinical psychology at Carlos Albizu University in Miami, Florida. She completed her internship at Baylor Scott & White Healthcare: McLane’s Children’s Clinic in Temple, Texas and participated in the child and adolescent psychiatry and child developmental psychology clinical rotations. Her residency was completed at the Thompson Center for Autism and Neurodevelopmental Disorders, where she remains as faculty. Her clinics include the Toddler Autism Clinic, Autism Diagnostic Entry clinic (with medicine collaboration) and outpatient individual and group therapy.

Eric S. Hart, Psy.D., ABPP (Adler School of Professional Psychology, 2006) is an Associate Clinical Professor in the Department of Health Psychology. He is the Director of Adult Neuropsychology for DHP
and is also serving as the interim MHSPC Consortium Director and UM-DHP Training Director. Dr. Hart obtained a B.A. in Psychology from Illinois State University, an M.A., in Clinical Psychology from Eastern Illinois University, and an M.A. and Psy.D. in Counseling Psychology from Adler School of Professional Psychology. He is board-certified in Clinical Neuropsychology through the American Board of Professional Psychology.

**Brick Johnstone, Ph.D., ABPP** (University of Georgia, 1988) is a Professor and Chair of the MU Department of Health Psychology. He earned his undergraduate degree at Duke University and his doctoral degree at the University of Georgia. He completed his internship and a fellowship in neuropsychology at the University of Washington. He is a board certified neuropsychologist, a Fellow in the APA Rehabilitation Psychology Division and the National Academy of Neuropsychology, and a former Fulbright Scholar who worked at the National University Ireland, Galway. He is the Director of the Spirituality and Health project of MU's Center for Religion, the Professions, and the Public, currently serves on the Missouri State Committee of Psychology, and is former President of the Missouri Psychological Association. His research interests are in the vocational rehabilitation of brain injury, rural disability issues, neuropsychology of spirituality, and religion and disability.

**Micah Mazurek, Ph.D.** (University of North Carolina-Greensboro, 2014), is an Associate Professor in the Department of Health Psychology and a clinical child psychologist at the Thompson Center for Autism and Neurodevelopmental Disorders. Dr. Mazurek received her BA in psychology from Yale University and her MA and PhD in clinical psychology from the University of North Carolina at Greensboro. She completed her pre-doctoral clinical internship at the University of Alabama at Birmingham and her postdoctoral training at the University of Missouri. Dr. Mazurek has broad clinical experience in working with children and families, and specific expertise in assessment and treatment of autism spectrum disorder (ASD). Dr. Mazurek is the Director of the Missouri Leadership Education in Neurodevelopmental and Related Disabilities (LEND) Program and has an active program of federally-funded research focused on improving outcomes for children with ASD and their families.

**Michael Mohrland, Psy.D., ABPP** (Nova Southeastern University, 2006) is a board certified clinical neuropsychologist providing neuropsychological services at the Thompson Center for Autism and Neurodevelopmental Disorders. Dr. Mohrland completed a formal fellowship in both neuropsychology and rehabilitation psychology at the University of Michigan. His clinics include the Pediatric Neuropsychology Clinic, Autism Neuropsychology Clinic, Pediatric Concussion Clinic, and a multi-disciplinary clinic alongside speech and occupational therapy disciplines. Dr. Mohrland serves on the Missouri Health Sciences Psychology Consortium Committee. Dr. Mohrland will be responsible for coordinating the supervision and clinical training activities for children/adolescents referred for evaluation of neurodevelopmental disorders (e.g., brain injury, neurologic conditions, concussion) at the Thompson Center on Autism and Neurodevelopmental Disorders.

**Laura Schopp, Ph.D., ABPP** (University of Missouri-Columbia, 1995) directs wellness programs for faculty and staff in the University of Missouri four-campus system and UM Health Care’s hospitals and clinics. A board-certified neuropsychologist, Dr. Schopp has served as principal investigator in numerous grants concerned with adjustment to neurologic disability, telehealth, and health promotion for persons with disabilities.

**Renée C. Stucky, Ph.D., ABPP.** Dr. Stucky is a Clinical Professor and board certified Rehabilitation Psychologist in the MU Department of Physical Medicine and Rehabilitation. She previously served as Co-PI for a HRSA GPE rural psychology training grant (2003-2007). She completed her Ph.D., in Clinical Psychology at the University of Missouri, her pre-doctoral internship in clinical health psychology at Rush-Presbyterian-St. Luke’s Medical Center, and her post-doctoral fellowship at the University of Michigan Medical Center. Dr. Stucky joined the faculty at the University of Missouri in 1998 as the Director of Rehabilitation Psychology. In 2010, she was invited to participate in a national council for establishing guidelines for post-doctoral Rehabilitation Psychology training in Baltimore, MD. Dr. Stucky serves as the Behavioral Health Director, Comprehensive Pain at the University of Missouri Health Care. Dr. Stucky will
be responsible for coordinating the supervision and clinical training activities of the Chronic Pain rotations at MU Health Care.

**PREVIOUS TRAINEES**

<table>
<thead>
<tr>
<th>Year</th>
<th>Name</th>
<th>Program</th>
</tr>
</thead>
<tbody>
<tr>
<td>2016-2017</td>
<td>Toni Maraldo</td>
<td>Saint Louis University</td>
</tr>
<tr>
<td></td>
<td>Mariah Corneille</td>
<td>Carlos Albizu University</td>
</tr>
<tr>
<td></td>
<td>Lauren Davis</td>
<td>University of Iowa</td>
</tr>
<tr>
<td></td>
<td>Kelly Fields</td>
<td>University of South Alabama</td>
</tr>
<tr>
<td></td>
<td>Ruth Viehoff</td>
<td>Indiana State University</td>
</tr>
<tr>
<td></td>
<td>Isaac Hunt</td>
<td>Brigham Young University</td>
</tr>
<tr>
<td></td>
<td>Lauren Golla</td>
<td>University of Hartford</td>
</tr>
<tr>
<td></td>
<td>Rose O’Donnell</td>
<td>University of Missouri--Columbia</td>
</tr>
<tr>
<td>2015-2016</td>
<td>Teresa Chamorro</td>
<td>Carlos Albizu University</td>
</tr>
<tr>
<td></td>
<td>Scott Su</td>
<td>Palo Alto University</td>
</tr>
<tr>
<td></td>
<td>Chelsey Wilkes</td>
<td>Rosalind Franklin University of Medicine and Science</td>
</tr>
<tr>
<td></td>
<td>Kelsey Banes</td>
<td>Virginia Polytechnic and State University</td>
</tr>
<tr>
<td></td>
<td>Alison Menatti</td>
<td>Ohio University</td>
</tr>
<tr>
<td></td>
<td>Andrew Menatti</td>
<td>Ohio University</td>
</tr>
<tr>
<td></td>
<td>Kimberly Bodner</td>
<td>University of Missouri—Columbia</td>
</tr>
<tr>
<td></td>
<td>Evan Smith</td>
<td>Nova Southeastern University</td>
</tr>
<tr>
<td>2014-2015</td>
<td>Clare Lewandowski</td>
<td>Southern Illinois University at Carbondale</td>
</tr>
<tr>
<td></td>
<td>Christopher Miller</td>
<td>Wheaton College</td>
</tr>
<tr>
<td></td>
<td>Spencer Richards</td>
<td>Utah State University</td>
</tr>
<tr>
<td></td>
<td>Louis Stephenson</td>
<td>Palo Alto University</td>
</tr>
<tr>
<td></td>
<td>Jay Wellman</td>
<td>Fuller Graduate School of Psychology</td>
</tr>
<tr>
<td></td>
<td>Jarett Roseberry</td>
<td>Rosalind Franklin University of Medicine and Science</td>
</tr>
<tr>
<td></td>
<td>Jessica Simon</td>
<td>Roosevelt University</td>
</tr>
<tr>
<td></td>
<td>Rochelle O’Neil</td>
<td>Central Michigan University</td>
</tr>
<tr>
<td></td>
<td>Lisa Chan</td>
<td>Pacific University</td>
</tr>
<tr>
<td></td>
<td>Erica Healey</td>
<td>Massachusetts School of Professional Psychology</td>
</tr>
<tr>
<td>2013-2014</td>
<td>Sharnay Brown</td>
<td>Nova Southeastern University</td>
</tr>
<tr>
<td></td>
<td>Danielle DeFreese</td>
<td>The Chicago School of Professional Psychology</td>
</tr>
<tr>
<td></td>
<td>Jennifer Peterson</td>
<td>Idaho State University</td>
</tr>
<tr>
<td></td>
<td>Serina Huerta</td>
<td>University of North Texas</td>
</tr>
<tr>
<td></td>
<td>Laura Walker</td>
<td>Ball State University</td>
</tr>
<tr>
<td></td>
<td>Erin Plumley</td>
<td>Azusa Pacific University</td>
</tr>
<tr>
<td></td>
<td>Jessica Kuhne</td>
<td>University of Denver</td>
</tr>
<tr>
<td></td>
<td>Jessica Hinshaw</td>
<td>Georgia School of Professional Psychology</td>
</tr>
<tr>
<td></td>
<td>Maryann Bens</td>
<td>The Wright Institute</td>
</tr>
<tr>
<td></td>
<td>Melissa Connolly</td>
<td>Azusa Pacific University</td>
</tr>
<tr>
<td>2012-2013</td>
<td>Stacey Bayan</td>
<td>Virginia Consortium Program</td>
</tr>
<tr>
<td></td>
<td>Fedora Biney</td>
<td>University of Houston</td>
</tr>
<tr>
<td></td>
<td>Kirk Bryant</td>
<td>St. Louis University</td>
</tr>
<tr>
<td></td>
<td>Martha Early</td>
<td>University of Missouri--Columbia</td>
</tr>
<tr>
<td></td>
<td>Mark Held</td>
<td>Palo Alto University</td>
</tr>
<tr>
<td></td>
<td>Jaclyn Kraemper</td>
<td>Palo Alto University</td>
</tr>
<tr>
<td></td>
<td>Kelly Konopacki</td>
<td>Palo Alto University</td>
</tr>
<tr>
<td></td>
<td>Meredith Slish</td>
<td>Oklahoma State University</td>
</tr>
<tr>
<td></td>
<td>Ashley Smith</td>
<td>University of Missouri--Columbia</td>
</tr>
<tr>
<td></td>
<td>Aimee Tessar</td>
<td>Argosy University – Minneapolis</td>
</tr>
<tr>
<td></td>
<td>Valerie Vorderstrasse</td>
<td>Roosevelt University</td>
</tr>
</tbody>
</table>

23
LOCAL INFORMATION, EVENTS, AND ATTRACTIONS

Columbia (population 115,000) is located halfway between St. Louis and Kansas City and provides a unique blend of urban and rural living, with a bit of a southern flair. From a major research university to an extensive hospital system, from independent film festivals to musical events, and from natural beauty to local wineries, the Columbia area has something for everyone.

Three separate colleges or universities make their home in Columbia. The University of Missouri, also Columbia’s largest employer, enrolls 35,400 students in its undergraduate and graduate school programs and its athletic programs compete in the Southeastern Conference (SEC). Columbia College and Stephens College, both of which started out as women’s colleges, are also located in Columbia.

True/False Film Festival is an annual pride of Columbia. It exists to champion the best new non-fiction filmmaking. Every year, over 50 non-fiction films debut at the festival that takes place in early March. Recent films have included Going Clear (a film about Scientology recently released on HBO), The Jinx: The Life and Deaths of Robert Durst (which led to his arrest as he is caught off camera confessing to the murders) and Kurt Cobain: Montage of Heck. In 2013, ticket sales surpassed 43,500. Attendees come from across the United States and around the world for this jam-packed, film-loving weekend.

Roots N Blues N BBQ Festival is another community favorite. Held every year in late September, the festival features over 30 artists representing the genres of roots, blues, gospel, country, folk, bluegrass, rock, and soul. The line-up includes international, national, regional, and local artists. American Blues Scene Magazine called it “One of the most prominent festivals in the country!”

The Citizen Jane Film Festival is an intimate, four-day film festival celebrating and showcasing the work of female filmmakers from around the world. It features some of the best in independent filmmaking, filmmaker panels, workshops and parties. Citizen Jane Film Festival is well known for being a diverse international film festival and for supporting emerging and established filmmakers.

Columbia also has several area natural attractions. Columbia is located approximately 90 miles north of Lake of the Ozarks. Outdoor enthusiasts can enjoy boating, waterskiing, kayaking, canoeing and hiking. Indoor enthusiasts can enjoy the outlet mall. The Missouri-Kansas-Texas (MKT) Trail and the Katy trail are two separate trail systems that run through Missouri and the Columbia area. They provide 240 miles of trails through beautiful woodland and river areas. Rock Bridge Memorial Park is a hiking trail and large cave system with a rock bridge, a spring and underground stream at the Devil’s Icebox. Grindstone Nature Area is a 200 acre park featuring nature trails, scenic overlooks and a leash-free dog area. Stephens Lake Park includes 3 playgrounds, 2 waterfalls, a sled hill and fishing. Twin Lakes reaction area is connected to the MKT trail and features a dog park and picnic area. Capen Rock Park features scenic bluffs and overlooks.

The local art scene is available year round at two favorite locations. Rocheport is a nationally recognized artist community about 15 miles west of Columbia. It was rated one of the best Midwest small-town getaways in 2013 in Midwest Living. It sits along the Missouri River connected to the Katy Trail, and features numerous art shops and studios including paintings, woodworking, sculpture and textiles. It is also home to Les Bourgeois bluff top bistro, vineyard and winery. Their A-Frame is a fantastic place to enjoy local wine while overlooking the Missouri river. Secondly, the Ragtag Cinema in Columbia is a great showcase for independent and foreign films. Grab something to eat and drink at the attached restaurant, take it with you to the movie and settle in on a sofa for a great viewing experience. Lastly, Artrageous
Fridays are held quarterly in the downtown arts district and feature many works by local artists at various studios and businesses.

Many consider Columbia a particularly livable town. Its low cost of living, emphasized by its relatively high employment rate and its affordable housing, its central location, its temperate climate and its education, business, and health care resources all combine to make this a uniquely attractive home.

As you can see, Columbia has much to offer. Columbians enjoy natural beauty, numerous arts events and locations, and a great hospital and university system. Columbia was recently rated by The Street as one of the nation's Best 10 College Towns to Live In, Even if You're Not a Student (2015). We couldn't agree more.

Visitor Bureau
www.visitcolumbiamo.com
Chamber of Commerce
www.chamber.Columbia.mo.us
Missouri State Parks
www.mostateparks.com
State Historical Society
www.system.missouri.edu/shs
Concert Series
www.kbia.org
University of Missouri
www.missouri.edu