

## **CT Angio Prep/Requirements**

### **Lab (Blood) Work up:**

Not older than 30days

Are you allergic to iodinated x-ray contrast (shrimp or shellfish)?

If Yes, the doctor who wants you to have this exam needs to order the following premedication.

### **\*\*Pre-Medication for Contrast Allergy:**

You will take the medication as follows:

50mg by mouth of Prednisone 13 hours prior to your exam

50mg by mouth of Prednisone 7 hours prior to your exam

Hold this dose and bring with you to the exam: 50mg p o Prednisone  
(the tech will tell when to take this dose)

Hold this dose and bring with you to the exam: 50mg p o Benadryl  
(the tech will tell when to take this dose)

### **Diabetic Patients:**

If you are taking Glucophage, Metformin, or Glucovance don't take it the day of your exam and for 48 hours afterwards.

Do not eat or drink anything, not even coffee, for 4 hours prior to your exam. For 48 hours after your exam drink plenty of extra fluids to help flush out the contrast.

### **Non-Diabetic Patients:**

Do not eat or drink anything, not even coffee, for 4 hours prior to your exam. For 48 hours after your exam drink plenty of extra fluids to help flush out the contrast.

Any questions or concerns, please call the Radiology Nurse 573-814-6000 x52562 or 52548. If you get voice mail, please leave your name, last four of social, and a number where the nurse can call you back.